

March 24, 2009

WASHINGTON, DC—On Tuesday, March 24, Congressman Sestak took time out of his schedule to visit with two constituents here on their visit to Washington, D.C. Carolyn Brady, 11, has a checklist of “150 Things to Do Before You Turn 12,” and has been travelling from city to city with her mother, Jackie, to check items off the list. Carolyn visited a number of famous sites in and near Washington, D.C., today, including Mount Vernon, and stopped by to visit Congressman Sestak at the end of her tour. Congressman Sestak was happy to hear that Carolyn is learning so much about her country and honored to be part of her visit to the Capitol.

*Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of “Deep Blue,” the Navy’s anti-terrorism unit that established strategic and operations policies for the “Global War on Terrorism.” He served as President Clinton’s Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking former military officer ever elected to the U.S. Congress.*

###